



When Disaster Strikes.
What you can do to prepare.

Basic Resources and Outreach.

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When Disaster Strikes

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YOU ARE HELP
INTERACTIVE
VIDEO

02

COMMUNITY
EMERGENCY
RESPONSE
TEAM (CERT)

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EMERGENCY
FINANCIAL
FIRST AID KIT
(EFFAK)

04

THE YOUTH
PREPAREDNESS
COUNCIL (YPC)





When Disaster Strikes

◆ Call 9-1-1

- Don't assume someone else has already done so
- 911 operators are highly trained and will help you
- Let them coach you through the life-threatening situation

◆ Stay Safe

- Assess the situation: pause and use all available senses
- Decide whether to stay and help, grab the injured and get to safety, or  get yourself to safety

When Disaster Strikes

◆ Stop the Bleeding

- Apply steady, firm pressure on the source of bleeding until first responders arrive
- If you can't control the bleeding with manual pressure, consider a tourniquet

◆ https://community.fema.gov/PreparednessCommunity/s/until-help-arrives?language=en_US



Before Disaster Strikes. Resource 1

◆ **About CERT**

- ◆ The Community Emergency Response Team (CERT) program is a nationally supported, locally implemented initiative that teaches people how to better prepare themselves for hazards that may affect their communities. Since 1993, CERT trains the public in basic disaster response skills such as team organization, disaster medical operations, fire safety, and light search and rescue. The ability for CERT volunteers to perform these activities frees up professional responders to focus their efforts on more complex, essential, and critical tasks.



CERT

- ◆ Before, during, and after disasters, CERT volunteer teams perform basic response activities, including checking in on neighbors, distributing information to the public, supporting emergency operations centers, and helping to manage traffic and crowds. Local CERT programs train and organize teams of volunteers to assist their families, neighbors, co-workers, and other community members during emergencies when professional responders may not be immediately available to provide assistance. CERT offers  various opportunities with you in mind.

CERT

◆ **CERT Basic Training**

- ◆ This covers basic skills that are important to know in a disaster when emergency services are not available. With training and practice, and by working as a team, you will be able to protect yourself and maximize your capability to help for the greatest number of people after a disaster. There are 9 core units to CERT basic trainings.



CERT

- **Unit 1:** Disaster Preparedness
- **Unit 2:** CERT Organization
- **Unit 3:** Disaster Medical Operations - Part 1
- **Unit 4:** Disaster Medical Operations - Part 2
- **Unit 5:** Disaster Psychology
- **Unit 6:** Fire Safety and Utility Controls
- **Unit 7:** Light Search and Rescue Operations
- **Unit 8:** Terrorism and CERT
- **Unit 9:** Course Review, Final Exam and Disaster Simulation



CERT

- ◇ <https://www.youtube.com/watch?v=UrC0lUVWZ00&list=PLunk3dDpGxlAeSgiOgoOP6lnznuI-n-xH&index=4>
- ◇ [\(492\) Chair Carry for Emergencies - CERT Training - YouTube\(704\) Using a Portable](#)
- ◇ [Fire Extinguisher - CERT Training - YouTube](#)



Resource 2 : EFFAK-Emergency Financial First Aid Kit

- ◆ If a disaster or other emergency strikes your community, you may only have seconds or minutes to react. In those critical moments, your focus will be on your family's safety. Once the threat of harm has passed, having your homeowners or renter's insurance policy, bank account information, and other household records and contacts will be very important as you begin the recovery process. The Emergency Financial First Aid Kit (EFFAK) can help you be ready.



EFFAK

- ◆ Before you take the first steps to becoming financially prepared, you should have basic knowledge of your finances. Financial literacy is the ability to make informed decisions in managing your financial resources and making smart choices on how to spend your money, which can empower you to plan for emergencies and disasters. The best way to plan for the unexpected expenses that may result after a disaster is to start saving today.



EFFAK Financial Preparedness

4 Steps

- ◆ 1. Assess and Compile: Gather your important financial documents and contacts.

Complete and date all the forms in the EFFAK.

Use the checklists to understand the documentation that you should collect.

If you do not have an original version of a document, contact the appropriate company or agency to obtain a copy.

If you receive paper checks from your employer, consider requesting direct deposit or prepaid debit cards.



EFFAK Financial Preparedness

4 Steps

- ◆ 1. Assess and Compile: Gather your important financial documents and contacts.

Print or download statements of any bills that you pay automatically, such as rent or mortgage payments, utilities, loan payments, and membership fees

Download any banking or bill pay mobile applications to your smart phone or device for any bills that you pay online.

Keep some cash in the same safe location as your EFFAK to pay for emergency purchases in the event that ATMs are not functioning, or banks are closed.

The amount of cash should be based on the basic needs of your family, including food, gas, and other things you use on a day-to-day basis.



EFFAK Financial Preparedness

4 Steps

◇ 2. Review: Review your insurance policies and financial paperwork to be sure that they are still accurate and current.

If you own a home or a car, ensure that your homeowners and auto insurance coverage is enough to support you in an emergency.

If you rent, ensure that your lease reflects your current rent and verify that your renter's insurance is up-to-date.



EFFAK Financial Preparedness

4 Steps

◇ 3. Safeguard: Store paper and electronic copies of all files in safe locations

Consider storing paper copies of important documents at home in a fireproof and waterproof box or safe, in a bank safe deposit box, or with a trusted friend or relative. If you are using a safe deposit box, you may want to ask your bank or check state laws to confirm who can and cannot access the safe deposit box if the owner dies or cannot access it themselves due to illness.

For electronic copies of important documents, store them in a password-protected format on a removable flash or external hard drive in your fireproof and waterproof box or safe. You can also consider using a secure offsite storage service. 

EFFAK Financial Preparedness

4 Steps

◇ 3. Safeguards

File living wills and advanced directives with hospitals and primary care doctors.

If you have a lawyer, financial advisor, or trusted family member or friend, you may want to provide him or her with a paper copy of your EFFAK in a sealed envelope. Provide instructions that they should only open the envelope with your approval or the approval of someone whom you have chosen in the event you cannot make decisions on your own. These trusted people can be your next of kin or someone you have allowed to act on your behalf (known as power of attorney).



EFFAK Financial Preparedness

4 Steps

- ◆ 4. Update: Revisit and update your EFFAK regularly.

Updates are especially important when significant changes in your life occur.

Suggested times when you should review your EFFAK:

During tax preparation time

At the start or end of daylight savings time

Around your birthday

At the start of a new year



EFFAK Financial Preparedness

◆ EFFAK Toolkit (fema.gov)



The image shows a screenshot of a FEMA form titled "Basic Project Planning Template" from the "BUILDING CODES TOOLKIT". The form includes a purpose statement, a note, and various fields for project information. The fields are: Address of Property or Assessor's Parcel Number (APN), Owner's Name, Owner's Address, Owner's Phone Number, Type of Construction (with checkboxes for New construction/modular, Mitigation or retrofit work, Alterations, repairs or additions to existing buildings or structures, Rehabilitation of historic property, Demolition, Foundation only, Relocation, Plumbing, mechanical, electrical systems, and Green project), Description of Work, Funding, Architect/Engineer, Design Plan, and General Contractor. The footer of the form reads "FEMA Building Science Branch: Building Disaster Resilient Communities" and "1".



Resource 3: Youth Preparedness Council YPC

- ◆ The Youth Preparedness Council (YPC) was created in 2012 to bring together youth leaders interested in supporting disaster preparedness and making a difference in their communities by completing disaster preparedness projects nationally and locally.
- ◆ [Youth Preparedness Council | FEMA.gov](#)
- ◆ <https://youtu.be/TsrqZ8t58h4>
 - ◆ How to apply:
 - ◆ [About YPC | Ready.gov \(fema.gov\)](#)



When Disaster Strikes. What you can do to prepare. Basic Resources and Outreach.

When disaster strikes you can act with proper preparation and three resources that are available now.

You and each member of your family can do their part and become a team; together a smooth recovery is future success.

<https://youtu.be/OvyXZ1VnCqc>



Resources / References

- ◇ <https://youtu.be/OvyXZ1VnCqc>
- ◇ [Youth Preparedness Council | FEMA.gov](#)
- ◇ [About YPC | Ready.gov \(fema.gov\)](#)
- ◇ <https://youtu.be/TsrqZ8t58h4>
- ◇ [EFFAK Toolkit \(fema.gov\)](#)
- ◇ <https://www.youtube.com/watch?v=9rA92IoPda8&list=PLunk3dDpGxlAeSgiOgoOP6lnznuI-n-xH&index=7>
- ◇ https://community.fema.gov/PreparednessCommunity/s/until-help-arrives?language=en_US
- ◇ [\(704\) Using a Portable Fire Extinguisher - CERT Training - YouTube\(492\) Chair Carry for Emergencies - CERT Training - YouTube](#)

