

ISSA Presentation

July 25, 2018

Baltimore Cyber Range 8 Market Place Baltimore, Maryland 21202

Agenda



- Company Overview
- Primary Activities / Programs
- Resources
- Resource Development
- Questions / Comment



Company



- LLC Formed in May 2017
- Grew out of Governor Hogan's Trade Mission to Israel in 2016
- Focus IT / Cyber Training Testing Placement Services
- Emphasize Hands-on training and experience
- Operating in Downtown Baltimore 'Power Plant Live'
 Range Facility 900 sq. ft. / 8 Market Place
 Classroom 800 sq. ft. / BCCC Reisterstown facility
- Customer Base
 State / Federal Government / Commercial



Cyber 'Wild West'



- A dynamic industry in transition
- Data is 'King'
- Billing and Accounting
- Marketing / Operations / Intelligence / Targeting
- Collection / Data Types / Storage / Manipulation
 - Collection methods / Politics
 - Location / Spending Habits / relationships
 - Financial data / 'ethnic affinity'
- Data Concentration Google / Facebook / Equifax
- Explosion of Threats / Risks / Liabilities
- Email 269 B 54% (Spam)- 1/131 >2B
- Many more compromises / reported & unreported

Cyber 'Wild West'



- Established standards:
 - Industry certifications
 - NIST standardization
 - Education standardization
- Regulatory / Legal Requirements
 - Health Care / Financial / State & Federal / EU
- Formalization of Training requirements
 - Education / Certification / Experience
- Enforcement / Liability / Responsibilities Shifts
 - New congressional mandates (Uber notification)
 - NYD Financial Service Equifax (consent order)
 - Morrison's employee case
 - Target
 - Wyndham (circa 2010)



Activities



- Work Force Development
- Placement Services
- Cyber Awareness Training
- Pre-employment / Proficiency testing
- Advanced Threat Training
- STEM



Work Force Development



- Open Positions 200,000, >12,000, 1.5M by 2019
- Unemployment (Apr 18) 4.3 / 5.8
 - (20-24 Minority 37%)
- Activity primarily in support of the State of Maryland
- Targets underemployed and unemployed
- Program addresses three levels

Entry

Journeyman

Expert

- Program based on NIST/NICE document
- Emphasizes Hands-on Learning
- Regular Testing / assessment review
- Internally developed training material
- Consortium defines / reviews training requirements

Consortium Membership

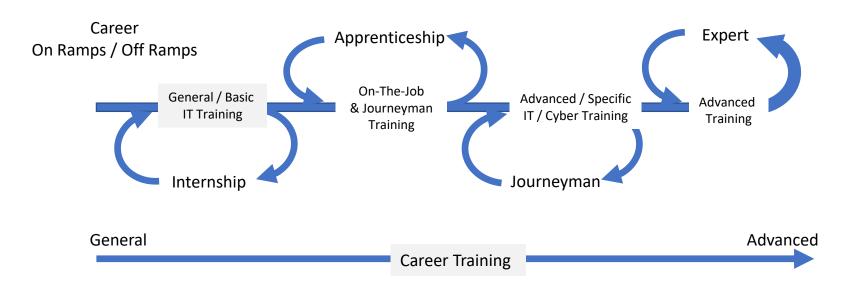


- o ASD, Inc.
- Atlantic Data Forensics, Inc.
- Azgard Group
- Baltimore City Community College
- Baltimore Cyber Range
- Blue Eye Technology, Inc.
- City of Baltimore Mayor's Office
- o Crimson Vista Inc.
- Cyberbit Commercial Solutions, Inc.
- CyberPoint
- Electronic Technology Associates, LLC

- ManTech
- Metro Data Inc.
- M&T Bank
- Nexagen Networks, Inc.
- Persistent Surveillance Inc.
- Que Technology Group
- Stark Industries, LLC
- Synogy Consulting Group
- o TeraSense, Inc.
- TranZed Apprenticeship Services
- WITS/Maalot Baltimore

Training / Employment Pipeline

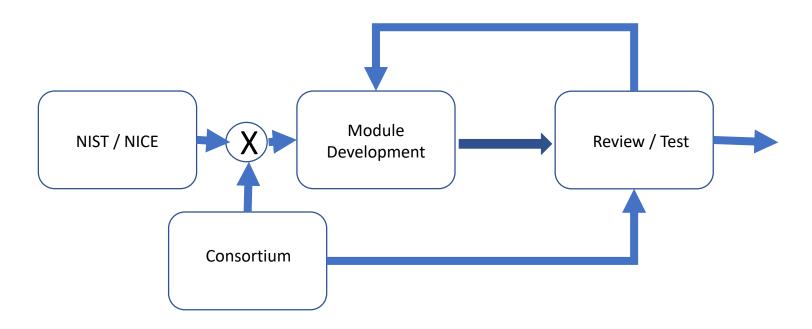




- Pipeline provides a training baseline that supports employment 'On' and Off' ramps
- Designed to accommodate entry through expert level career education and experience requirements

Training Module Development





Module #3 NIST / NICE Table



Key Topics	
х	Server and client operating systems
х	Operating Systems
х	Network architecture
х	Network Components
х	Interpreted and compiled computer languages
х	Communications and Routing
x	Local area network (LAN), wide area network (WAN) and enterprise principles and concepts, including bandwidth management
х	Computer networking concepts and protocols, and network security methodologies.
х	Network protocols (e.g., Transmission Critical Protocol (TCP), Internet Protocol (IP), Dynamic Host Configuration Protocol (DHCP)), and directory services (e.g., Domain Name System (DNS))
х	Operating system command line/prompt.
х	File extensions (e.g., .dll, .bat, .zip, .pcap, .gzip)
x	System implementations (e.g., New Technology File System [NTFS], File Allocation Table [FAT], File Extension [EXT]).
х	System Administration Review
х	Install, update, and troubleshoot systems/servers
х	Workstation Build and Configuration
х	Monitor and maintain system/server configuration
х	Manage accounts, network rights, and access to systems and equipment
х	Execute, and verify data redundancy and system recovery procedures

WFD Training Modules



Entry Level

Module 1 -

Basic learn skills

Module 2 -

IT basics

Modeled on Comp TIA A+ Program

Cyber Skill Level / Focus:

Little or no IT - Cyber background / IT Basics

Number of Training Modules: 2

Duration: 1 Week / 10 Weeks

Training Provided by BCCC

Journeymen Level

Module 3 -

Workstations / Servers / Networks

Module 4 -

Networks / System Administration

Module 5 -

Administration / IT security / Cyber

Cyber Skill Level / Focus:

Medium - Working in IT / System Administration

Number of Training Modules: 3

Duration: 1 Week each

Training Provided by BCR

Expert Level

Module 6 -

Security Ops / Cyber Review / Tools

Module 7 -

Hands-on Cyber Range Training Practice handling real-world threats

Module 8 -

Range Trainer of Trainers Range Operation Cyber Skill Level / Focus:

High - Cyber Security Experts / Hands-on Threat Simulation & Training

Number of Training Modules: 3

Duration: 1 Week / 2 Days / 1 Week

Training Provided by BCR

Workforce Development Status



Completed ICE-T I

Intrusion Countermeasures Education and Training

Competed ACT I

Advanced Cybersecurity Training

Awarded ICE-T II

ICE-T Basic

Planning ACT II

Advanced Cybersecurity Training

WFD Placement Services



Internships

- Interns generally work for three to six months
- Internships convey hands-on real-world work experience
- Employers have the opportunity to evaluate Intern / Interns work

Apprenticeships

- Apprenticeship programs combine academic training and on-the-job-training
- Generally conducted over twelve to twenty four months
- Apprentice progress by completing established milestones

Full Time Employment

 Where appropriate Baltimore Cyber Range is identifying full time positions for those completing BCR IT / Cyber training

Cyber Awareness Training



- Supports both private and public organizations
- Program addresses staff cyber training requirements
 - Regulatory / Legal / Corporate directed
- Programs to date have been customized for client
- Training is optimized for the targeted users
 - Admin staff, senior management, tech staff. etc.
- Class time varies with audience



Cyber Awareness Training



Senior Management

Training:

Cyber Security Introduction Threat Review

General overview

Threat attack flow (high level)

Detection / Mitigation / Remediation (Basics)

Threat Response / Management

Responding to particular Threats Working with Law enforcement

Public Interaction / Relations

Consequences

Regulatory Responsibilities
Liability / corporate, shareholders etc.
Identifying key roles and responsibilities
Establishing organizational goals / objectives
Review / Establish Policies / Standards

Targeted Staff Group:

Senior organization decisions makers

Responsibilities:

Sets Organization direction, goals and objectives Approves overall policies / standards Responsible for overall performance / success

Cyber Skill Level / Focus:

Low / Consequences - Management

Duration:

2 Hours

Frequency:

1 X Year

System Users

Training:

Cyber Awareness Introduction

Threat Review

Threat basics

Threat detection

User Threat Response

Consequences

Impact on Organization

Personal Responsibility

Available resources

Review of Organization Policies / Standards

Targeted Staff Group:

System users / organization staff

Responsibilities:

Day-to-day Operations
Interact with IT resources & facilities

Cyber Skill Level / Focus:

Low / Why of Cyber Security

Duration:

1 Hours

Frequency:

2 X Year

Cyber Awareness Training



IT Professionals

Training:

Cyber Security Introduction
Threat Review
General overview
Detection / Mitigation / Remediation (Basics)
Threat Response / Management
Personal Responsibility
Review / Establish Policies / Standards

Targeted Staff Group:

IT staff / Administrators / Support Desk IT infrastructure operations / Maintenance

Responsibilities:

Operates / Maintains IT infrastructure Enforces polices and standards Works with SOC teams

Cyber Skill Level / Focus:

Medium / Security Management - Technical

Duration:

3 Hours

Frequency:

1 X Year

Cyber Security Team

Enforcing Polices and Standards

Training:

Threat Review
Detection / Mitigation / Remediation
SIEM / Tools Review
Range Simulation (3 scenarios)
Review of Organization Policies / Standards
Personal Responsibility

Targeted Staff Group:

CISO / SOC Manager / Analysts

Responsibilities:

SOC operations Threat Analysis / Remediation

Cyber Skill Level / Focus:

Expert / Hands-on Training - Technology

Duration:

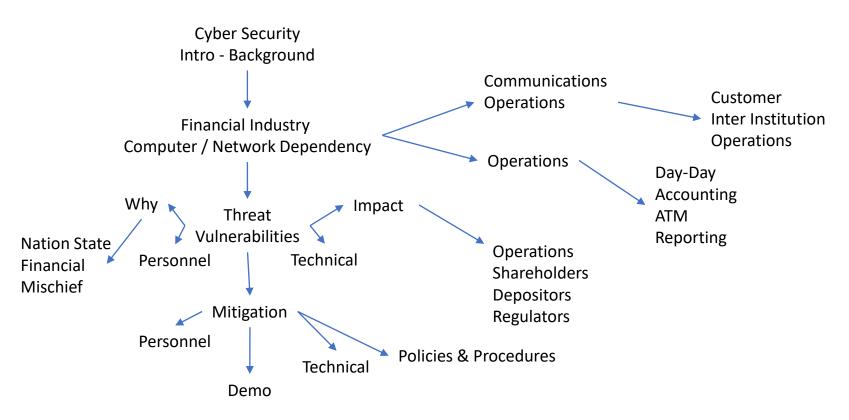
2 Days

Frequency:

2 X Year

World Bank Flow





inancial services firms are a whopping 300 times more likely to be hit by security incidents than other industries. Lloyd's

Pre-employment / Proficiency testing



- IT / Cyber Industry dynamic / in transition
- Key issues include regulatory, legal, business
- Three Issues for Employers
 - Education
 - Traditional / Specialized
 - Certification
 - Experience
- Testing, skill demo, accreditation manifesting
 - Contractual
 - Regulatory
 - ₋ Legal
 - ₋ Employment



Pre-employment / Proficiency testing



- Targets both Private and Public Organizations
- Evaluating new-hire proficiency is problematic
- Education and Credentials may not reflect job ability
- Program requires applicants to demonstrate capabilities
- Proficiency demonstration supporting accreditation
- Recent FedRAMP assessor accreditation
 - Based on Cyber Range
 - Demonstrates Linux, WS OS, Firewall knowledge

Veb Defacement Score Sheet	Date:	Class:				
Task	Possible Score / Points	Participant #1 Score	Participant #2 Score	Participant #2 Score	Participant #4 Score	Participant #S Score
amiliar With SIEM					_	
Demonstrate the ability to set Rules	- 2					
Three Display	- 2					
Detect Port Scanning	6					
Detect Password Attack	6					
amiliar With Firewall						
Demonstrates Ability to Set new Rules	2					
Logs						
Identifies Port Scanning	6					
Detect Fuzzing	6					
Displays active Network Connections (NetSim)	3					
Identifies Victum Server	- 5					
Identifies Attacker IP	S					
Display Auth. Logs	- 5					
Displays Fuzzing	S					
Locates Password attemps	S					
Locates access as Root	S					
Displays Compromised Web pages	- 5					
Identifies all copies of targeted files (Find/-name(Filename)	3					
Identify files changed in last 120 min in a directory	S					
Demonstrates ability to change root password	S					
lecommends following configuration Updates						
Deny attacker IP access	7					
Deny SSH access from Internet	- 6					
Change Root Password	6					

Pre-employment / Proficiency testing



- BCR has entered into a multi-year agreement with A2LA to provide assessor technical testing in support of FedRAMP
- The work is ISO/IEC 17020 based and targets NIST 800.53 requirements
- This new effort includes a great deal of course development and training aid development
- The A2LA effort positions BCR to access and participate in a wide range of Federal workforce Cyber Training and testing work

Team Proficiency testing



Neb Defacement Score Sheet	Date:		Class:				
Task	Possible Score / Points	Participant #1 Score	Participant #2 Score	Participant #3 Score	Participant #4 Score	Participant #5 Score	
amiliar With SIEM							
Demonstrate the ability to set Rules	2						
Three Display	2						
Detect Port Scanning	6						
Detect Password Attack	6						
Familiar With Firewall							
Demonstrates Ability to Set new Rules	2						
Logs							
Identifies Port Scanning	6						
Detect Fuzzing	6						
Displays active Network Connections (NetSim)	3						
Identifies Victum Server	5						
Identifies Attacker IP	5						
Display Auth. Logs	5						
Displays Fuzzing	5						
Locates Password attemps	5						
Locates access as Root	5						
Displays Compromised Web pages	5						
Identifies all copies of targeted files (Find/ -name[Filename]	3						
Identify files changed in last 120 min in a directory	5						
Demonstrates ability to change root password	5						
Recommends following configuration Updates							
Deny attacker IP access	7						
Deny SSH access from Internet	6						
Change Root Password	6						
Totals	s 100						

Advanced Threat Training

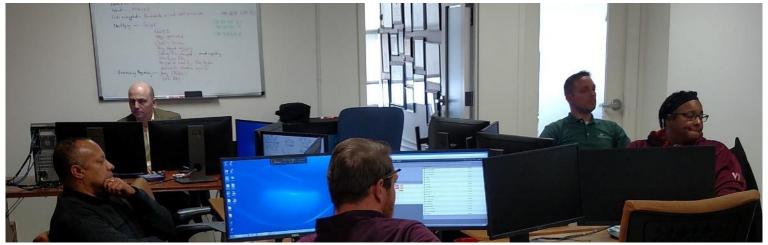


- Targets commercial and government organizations
- Provided for sophisticated practitioners (Expert Level)
- Hands-on Threat Training
- VM implementation of SOC
- Detection / Mitigation / Remediation
- Instructor lead
- Single day, two day and week long secessions
- Two threat scenarios / day
- Based on 14 Cyber Range Threat scenarios
- Foundation of ACT Program / for community colleges



Advanced Threat Training Cyber Range





- Cyber Range supports the most advanced Cyber threat training
- Hands-on, ultra realistic training
- Supports five practitioners, an instructor and one observer
- Implements real-world attacks
- Current supports
 - Threat Training
 - Certification Activities

- SOC Training

STEM Challenges



- STEM addresses far more than IT / Cyber
- Motivation / Making learning interesting
 - Gender Issues
- Resource allocation
 - Time available
 - Training aids available
- Current Institutions
- Formal training / experience requirements



STEM



- STEM efforts focused on State
- Participate in a Governors effort
- Believe hands-on training very important
- Looking at Aids and Learning systems

WFD Summary



- BCR allocates considerable time to WFD
- Worked in support of State efforts
 - Under employed / unemployed
 - Efforts to attract women to the IT / Cyber field
 - Relationships with 13 Maryland community colleges
 - STEM
- Each targeted group is unique / Similar approach
 - Target unique Interests
 - Unique Motivation Requirements
 - Must learn basics
 - Regular exposure
 - Hands-on

Resources



Key resources include:

- Staff
- Cyber Range
- Boson
- WS 10 Workstation
- Pi Array

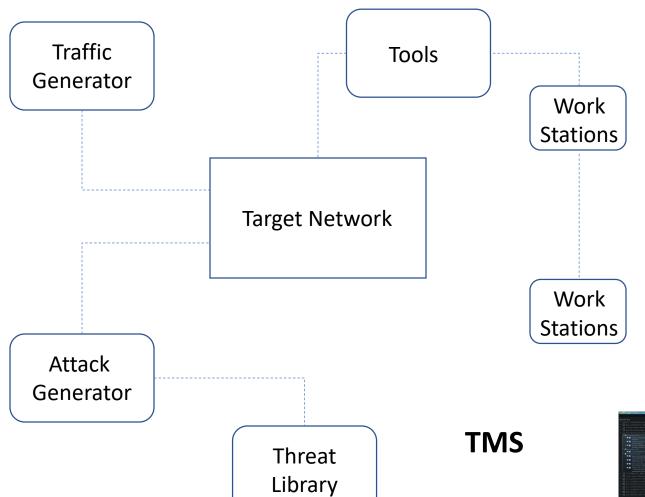




- Virtual System / Simulates an operating SOC
- Threat Library / Network / Traffic generator / Threat Generator
- Integrated Training Management System
- Multiple Windows and Linux servers / workstations
- Supports five practitioners / instructor / observer
- Supports Red / Blue / White Teams
- Fourteen Configurable Threat Scenarios
- Two Four hour scenarios
- Supports local and remote log-in
- Records all practitioner / system actions
- Integrated After-Action-Review



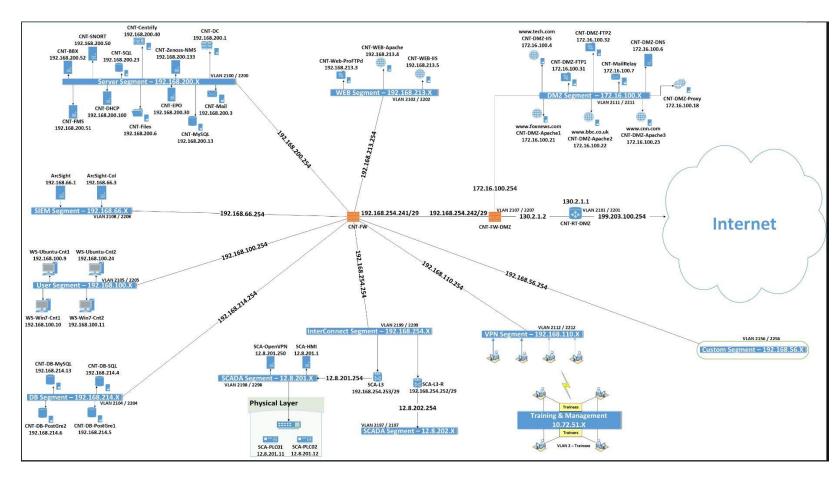






No.	Item
1.	2xIntel Xeon E5-2650 v4 (12 cores, 2.2 GHz)
2.	384G RAM, 12x32GB DDR4
3.	2 x 800G SSD Drives
	4 x 2T SATA 7.2K
4.	Raid Controller PERC H730
5.	2 x 1G network adapter
6.	2 x 10G Network Adapter (Includes 2 * SFP+ 10G)
7.	Dual SD Module with 2x 8GB SD Cards
8.	Dual Redundant Power Supplies







Key Practitioner Tools:

ArcSight (SIEM)

Checkpoint

Smart Dash

Smart Tracker

Putty (SSH Access)

Zenoss (NMS)

WireShark

IE

Chrome

Vmware vShere



Range Scenarios



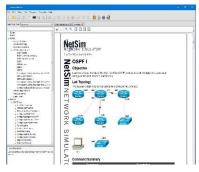
- SQL Injection
- Apache Shutdown
- Web Defacement
- Trojan Data Leakage
- Java SendMail
- Java NMS Kill
- DB Dump via FTP Exploit
- Killer Trojan
- Trojan Share Privilege Escalation
- Windows Management Instrumentation Worm

Ransomware

Boson



- NetSim 11
- Entry and Journeyman level classes
- Classroom instruction / Cisco training
- Supports hands-on training for each student
- Includes Labs for routers & switches
- Build, configure and test networks
- Many 'canned' scenarios

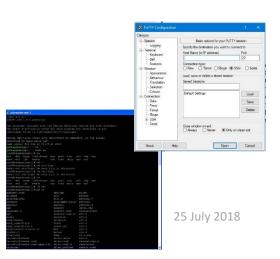


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Pi Array



- Goal Provide each student Linux Server
- Fourteen Raspberry Pi-3 B servers in briefcase
- Interfaces directly to facility network
- Includes integrated Switch
- Supports network operations
- Linux command line instruction
- Allows tool use practice e.g. Nmap
- Audit log training



Resource Development



- The Cyber Range, most sophisticated training resource
- Very complex and very expensive
- BCR is expanding training and testing activities
- Non- traditionally Cyber Range applications
- Range maybe a sub-optimal approach
- Training aid analysis is required to identify appropriate approaches
- Complexity / Suttons Law
- First principles analysis and review of the Cyber Range is one element of the BCR analysis

Fundamental Principles



- Complex systems are intrinsically difficult to model / virtualize
- Virtual implementations add layers of complexity
- Virtual systems support simplified distribution / access
- Complexity & scope drive cost, reliability and flexibility
- Off-the-shelf Hardware can mitigated virtual implementation complexity
- Complex, integrated tasks can be broken down into manageable sub-tasks
- Limited scope solutions are easier to implement
- There is a large base of existing supporting resources e.g. hardware, threats, instruction material, etc.



Conclusions



- The Range addresses 'niche' high-end Cyber training requirements
- Cyber Range advanced, integrated technology limits its applicability for many targeted training / evaluation tasks
- Complex virtual systems are expensive to implement, support, upgrade and enhance
- Complexity can limit applicability
- Limiting scope reduces system complexity, reduces support requirements and provides better resource utilization
- Implement Off-the-shelf hardware solutions where possible
- Simply user interfaces are more widely applicable
- Design and build to the requirement (limit scope and complexity)
- Break problems down into manageable tasks (Divide & Conquer)
- Simple solutions often better target & address training requirements

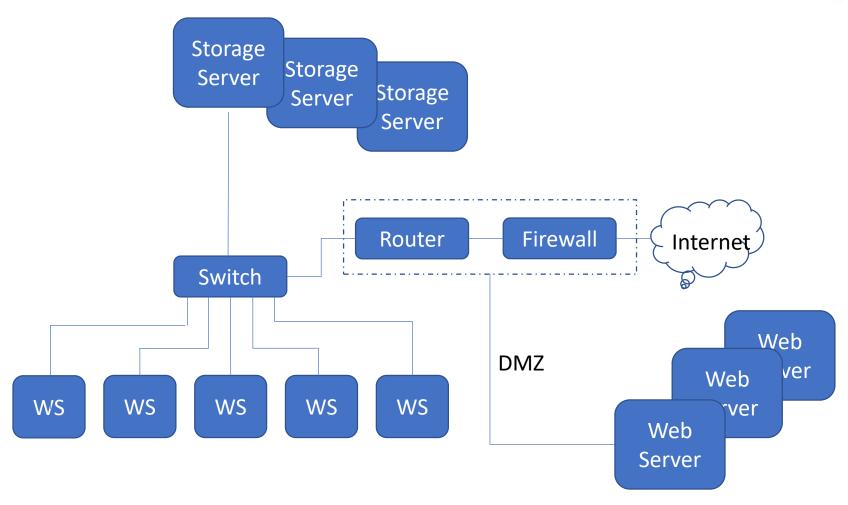
Flexible Training Network



- What would an optimized, scope limited network training device look like?
- FedRAMP 3PAO evaluation requirement baseline / example
- Cyber Range is currently being utilized for the FedRAMP effort
- FedRAMP system implementation goals include:
 - Simple user interfaces / multiple users
 - Scalable
 - Architecture supporting future enhancement
 - Include Storage Servers / Web Server / Router / Firewall / Workstations
 - Realization of a real-world network
 - Support quick update / configuration changes
 - Minimal complexity / Maximum flexibility
 - Support large set of characteristics identified in NIST 800.53

FedRAMP Logical





Engineering Prototype



Includes four Linux processors

Scalable

Router – Firewall – Switch

Local network – DMZ – Internet access

Supports wireless interfaces

Processor dedicated to Management

Supports up to Ten Workstations

Low Cost / Low Power

Fits in to briefcase (less workstations)

Linux based – Hugh base of Software



Questions



Questions Discussion